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Research Note:
The Effect of Race and Sex on College Admission*

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Applications for admission were sent to a random sample of 240 American colleges and universities. For three different student ability levels, forms that were identical in all respects, save race and sex, were prepared. Each college was sent a single application with a randomly assigned race, sex, and ability level.

Contrary to our expectations, white applicants were accepted slightly more frequently than black. In accordance with our predictions, males received preference over females. However, in both cases, the data did not reach the .05 level of significance.

In addition there was an unpredicted and statistically significant sex by ability interaction; males were markedly preferred over females at the low ability level, but this difference disappeared at the higher levels. Since there are more young people, both male and female, at the lowest of our ability levels, it is clear that overall, women are discriminated against in college admissions.

Whether being black is an advantage or disadvantage for a college applicant is more debatable at present than it might have been a few years ago. The increased college enrollment of blacks has been perceived by some as a reduction of racial bias, but others have seen it as a change in the direction of the bias. There is certainly less controversy regarding the effect of sex on college admission; most observers agree that it is a handicap to be a woman. However, we have no experimental evidence regarding the effect of race and sex.

This experiment was designed to test the hypothesis that both

* This research was financed in part by the Institute for Research on Poverty, The University of Wisconsin (Dr. Harold W. Watts, Director) and by the Graduate School Research Committee, The University of Wisconsin.

race and sex affect a candidate's likelihood of being admitted to college. Assuming that most colleges are anxious to increase the representativeness of their student bodies, and mindful that many are actively recruiting competent black scholars, we predicted that a black candidate, male or female, would be preferred to a comparable white candidate. Furthermore, whether the candidate was black or white, it was predicted that sex would also affect an applicant's chance of admission, with preference given to male candidates.

The design of the experiment was a simple one. Applications for admission should be identical in all respects, except the race and sex of the applicant must be randomly varied. One quarter of the time the applicant should be said to be a black male, a black female, a white male, or a white female. Whether the applicant is accepted or rejected by the college would be the dependent variable.

Although the main purpose of our experiment was to test this race and sex hypothesis, we were also interested in exploring the relationship between several additional variables and patterns of admission. Specifically, we were interested in differences between:

- large and small schools;
- public and private institutions;
- religious and secular schools;
- small-town colleges and those in metropolitan areas;
- Southern institutions and those in other regions of the country;
- junior colleges and four-year colleges.

Procedure

A sample of 240 schools was randomly selected from Lovejoy's College Guide (1968). All schools in Wisconsin were excluded be-

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1 We would like to thank Dr. Oluf M. Davidsen, Vice President, Program Operations, American College Testing Program, Iowa City, Iowa; William Coffman, University of Iowa; Lee Wilcox, Director of Admissions, The University of Wisconsin; James Speer, Counselor at James Madison Memorial High School, Madison; and Henry Appel, Principal of the Oregon High School, Oregon, Wisconsin, for their insightful advice as to the problems we might expect to encounter in conducting this research.

2 Although it is generally known that sample size can markedly affect the probability of obtaining statistical significance, until recently researchers have had to design studies without having any guidance in determining what sample size to use. Recently a usable procedure has been developed for choosing sample size so that statistical significance can be used rationally as a decision rule (see Walster and Cleary, 1970). This procedure enables a researcher to specify magnitudes of effects that are either important or unimportant and control the probabilities of making correct decisions by solving for the sample size and critical value of the variance ratio statistic. (Unfortunately, the typographical errors make the article unintelligible. The reader may wish to secure a correct copy from the authors.) In this study we decided that a mean difference relative to underlying variability of 0.5 would be important to detect with a probability of .90. In addition a was set at .05. Specifying these parameters led to the choice of a sample size of 240.
cause a number of local admissions officers and administrators were used as consultants. Also excluded were colleges that required examinations other than the College Board tests or the American College Test (ACT). Some nursing schools, music colleges, and art institutes thus were eliminated.

In addition to race and sex, three levels of applicant ability were included to insure that our applicants would be neither accepted nor rejected by all colleges. The three levels of ability were used only as a safeguard: significance of the ability main effect was considered uninteresting because expected and because no interactions between ability and race or sex were predicted.

Thus a $2 \times 2 \times 3$ design was used for this experiment: the sample of 240 colleges was divided randomly into 12 cells of 20 observations each.

**Independent Variables**

The race, sex, and ability levels of the candidates were randomly assigned, and one application was prepared for each of the sample colleges.

In order to generate the materials required for the college applications, we secured the school records of three real high school seniors with different ability levels and with names that did not reveal their sex. The manipulation of the two major independent variables, race and sex, was accomplished with the use of photographs which were attached to every application and also appeared on the Xeroxed copy of the transcript supposedly sent by the high school. The sex code was appropriately changed whenever it appeared.

The distinctions between the three ability levels were determined by students' actual records. The **Low Ability** candidate ranked 268 in a class of 414 and had a high school transcript on which this rank and appropriate course grades were recorded. He had an ACT composite score of 10 (09 in English, 18 in Mathematics, 07 in Social Science, and 06 in Natural Science). His college Board results were an SAT Verbal score of 404, an SAT Mathematics score of 382, and achievement scores of 451 in English, 442 in American History, and 356 in Mathematics.

The **Average Ability** candidate ranked 135 in a class of 414. He had an ACT composite score of 21 (19 in English, 16 in Mathematics, 26 in Social Science, and 22 in Natural Science). His College Board results were an SAT Verbal score of 504, an SAT score of 482 in Mathematics, and achievement scores of 531 in English, 522 in American History, and 436 in Mathematics.

The **High Ability** candidate ranked 55 in a class of 414. His ACT composite was 25 (23 in English, 22 in Mathematics, 29 in
Social Science, and 27 in Natural Science). His College Board results were an SAT Verbal score of 604, an SAT Mathematics score of 582, and achievement scores of 591 in English, 582 in American History, and 526 in Mathematics.

To insure that applications would be as standard as possible, a master form was prepared. This form attempted to provide answers to any question that a college might ask. Included in this master application was basic information about the student's background, education, and interests. Also included were essays on his interests, hobbies, and religious experiences. Letters of reference, appropriate for students of any race or sex, were prepared. These recommendations were presumably from a minister, a teacher, a counselor, an employer, and a neighbor. The necessary medical records were prepared by a cooperating physician.

All applications were completed by referring to the master form. When the various documents were prepared, cooperating individuals signed and notarized them when necessary.

The personal interviews requested by some colleges posed an obvious problem. In most instances, however, we were able to plead inconvenience. Since we did not include Wisconsin colleges, most schools were relatively far from the applicant's home. In the one instance in which a personal interview had to be scheduled, the interviewer's cooperation was gained, and he based his evaluation on the information provided in the candidate's master application. In a second instance, an interviewer arrived unexpectedly at the high school. Fortunately, this interviewer was delighted to discover that his college had been chosen to participate in a research project. This school was considered as an "acceptance," since the admissions officer assured us that the high ability girl was definitely scheduled for acceptance.

The supplementary independent variables for post hoc analyses were obtained by letters to the colleges and from reference material. The letter, sent several months after the applications, asked the schools for the total day class enrollment and the number of males and females enrolled for either the spring semester 1967–68 or for fall of 1968–69. For the 16 schools which did not respond to the letter, the data were taken from the college catalog, *Lovejoy's College Guide* (1968), and the *College Blue Book* (1967).

The same sources (i.e., college catalogs and *Lovejoy's*) were used to secure information on the type of school (i.e., religious or secular, public or private) and years of instruction offered. The urban population associated with the location of each school was obtained from 1960 census data.

We were especially interested in determining whether Southern schools differed in their pattern of admissions from schools in other regions of the country. We divided schools into
four districts—Western, North Central, North Eastern, and Southern—on the basis of the U.S. Census classification. Schools located in Alabama, Arkansas, Delaware, Florida, Georgia, Kentucky, Louisiana, Maryland, Mississippi, North Carolina, Oklahoma, South Carolina, Tennessee, Texas, Virginia, and West Virginia were designated as "Southern" schools.

Dependent Variables

The main dependent variable was the acceptance or rejection of the candidate by the institution. The responses of the colleges were scored on a five-point scale:

(1) rejection;
(2) rejection with the possibility of reconsideration at a later date;
(3) qualified acceptance in which a program or course-work adjustment was stipulated;
(4) acceptance;
(5) acceptance with encouragement by a personal letter or an offer of unrequested financial aid.

In addition to this major dependent variable, three other measures were collected: the time between the candidate's initial request for application materials and the school's response; the nature of the reply; and the time between the mailing of the application and the school's decision. In the postcard sent to the school requesting application materials, the student indicated both his sex and race. A school, by neglecting to send the application forms, could delay or prevent a student's admission. Thus, the date on which the application request went out and the number of days it took before the school forwarded an application were tabulated. If the application form had not arrived by January 1, collaborators in other states secured application forms from the institution so that the school could be included in the experiment.

Most of the institutions responded simply by sending a catalog, application forms, and brochures of interest. But a personal cover letter expressing either encouragement or discouragement was sometimes included.

Results

Tables 1 and 2 contain the results of the analysis of variance on the main dependent variable, the measure of acceptance. Contrary to our expectation, neither the race nor the sex main effect was significant. (The F statistic testing the hypothesis that both main effects are null is $2.92$, 2 and 228 d.f., $p < .06$.) Indeed, the race effect was not even in the predicted direction; blacks were accepted less frequently than were whites. (Even looking at the F
TABLE 1

The Effect of Race, Sex, and Ability Level on an Applicant's Chances of Admission to College

<table>
<thead>
<tr>
<th>Applicant's Ability Level</th>
<th>Race</th>
<th>Sex</th>
<th>Admission Level</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Male Black</td>
<td>2.75</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Male Black</td>
<td>3.40</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Male Black</td>
<td>3.80</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Male White</td>
<td>3.25</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Male White</td>
<td>3.55</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Male White</td>
<td>3.70</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Female Black</td>
<td>1.85</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Female Black</td>
<td>3.20</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Female Black</td>
<td>4.05</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Female White</td>
<td>2.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Female White</td>
<td>3.75</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Female White</td>
<td>4.05</td>
</tr>
</tbody>
</table>

* The higher the number, the greater the enthusiasm with which S was accepted for admission.

statistic, which is a liberal test, $F = 2.30, p < .13$.) The data certainly provide no support for the notion that American colleges are actively recruiting Negro scholars. The sex effect was in the predicted direction. Males were preferred over females, but this difference was not significant ($F = 3.54, p < .06$).

TABLE 2

Analysis of Variance for Admission Experiment

<table>
<thead>
<tr>
<th>Main Effects</th>
<th>df</th>
<th>F-Test</th>
<th>S-Test *</th>
<th>Critical Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>A &amp; B (Sex &amp; Race)</td>
<td>2</td>
<td>2.92</td>
<td>16.70</td>
<td>3.04</td>
</tr>
<tr>
<td>A (Sex)</td>
<td>1</td>
<td>3.54</td>
<td>2.39b</td>
<td>2.05</td>
</tr>
<tr>
<td>B (Race)</td>
<td>1</td>
<td>2.30</td>
<td>2.05</td>
<td></td>
</tr>
<tr>
<td>C (Linear Ability)</td>
<td>1</td>
<td>73.03</td>
<td>3.08b</td>
<td></td>
</tr>
<tr>
<td>Interactions</td>
<td>7</td>
<td>3.08b</td>
<td>16.70</td>
<td>2.05</td>
</tr>
<tr>
<td>AC (Sex x Linear Ability)</td>
<td>1</td>
<td>2.39b</td>
<td>2.05</td>
<td></td>
</tr>
</tbody>
</table>

* S-Test refers to the value of Scheffe's statistic for the a posteriori analysis of a significant source of variation.

b (P < .05)
A significant result that was not expected was found in the joint test of interactions. (See Figure 1 and Table 2.) At the low ability level males were preferred over females. At the higher ability level, this difference disappeared ($S = 2.39$, $p < .05$). Since, in the actual high school populations, there are more students, both male and female, at the lowest of our ability levels than at the higher levels, it is clear that, overall, women are discriminated against in college admission.

The significant sex-by-ability interaction is in accord with the feminist observation (and complaint) that only a truly exceptional woman can ever hope to transcend sexual stereotypes and to be judged on an objective basis. A woman with more modest abilities continues to be judged as first and foremost a woman, and thus as an "inferior."
Analysis of Additional Variables

The reader will recall that we examined whether or not six dependent variables affected the pattern of our results. (These variables were: size of school, public/private school, religious/secular school, size of town in which school located, region of country in which school located, and junior college vs. four year college.) The evidence indicates that these factors did not alter the pattern of results secured. The supplementary dependent measures were essentially uncorrelated among themselves or with the acceptance measure. In addition, significant results were obtained with them no more frequently than would be expected by chance alone.

The failure to discover a different pattern of admissions in the South and the non-South was surprising to us. In view of historical differences between these regions, we had assumed that race and region might strongly interact in determining one's chances of admission. We speculated that while blacks might be actively recruited in non-Southern institutions, recruitment efforts would be much weaker in the South. The data indicate, however, that blacks are no more enthusiastically received in non-Southern institutions than they are in Southern ones. The race-region interaction is not significant ($F = 1.00, 1$ and $216$ d.f.), nor are the race-ability-region and the four-way interactions ($F$'s $= 2.12$ and $1.30$ respectively).

References

Lovejoy, Clarence E.
Sociology of Education, Volume 44, no. 2, Spring 1971

Please note: Due to an error in the print volume, the first page of this article incorrectly indicates the issue publication date to be Spring, 1970. The correct publication date for Volume 44, no. 2 is Spring, 1971.

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